

Solutions to the Definitions questionnaire

Biological Sex

What are biological sex features?

- a) hormones**
- b) genitals**
- c) chromosomes**
- d) none of the above

How many sexes exist?

- a) 2
- b) 3
- c) more than three**

The sexual features of a person are the only features that determine the gender identity of that person?

- a) yes
- b) no**
- c) only in some countries

Actually there is no right answer to this question: it's up to the meaning of Gender Identity (GI) given by the group. The fact is that GI is something deep, very personal, and anyone should define the self in the way preferred. But reality shows us that the way you are born is the way you are supposed to define, and somehow your identification starts from something...

Sexual Features are

- a) unchangeable
- b) changeable**
- c) steady
- d) none of the above

Gender Identity

Gender Identity is

- a) natural and unchangeable
- b) cultural and fluid**
- c) strange and thrilling

Gender Identity is

- a) male and female
- b) feminine and masculine
- c) more than this**
- d) none of the above

Gender Identity is

- a) the most difficult thing to guess in a person**
- b) one of the most expected features in a person**
- c) something very important in the actual society**

A transgender person

- a) wants to be what is not
- b) wants to be what they really is**
- c) has a big level of confusion

Sexual Orientation

Sexual Orientation identifies

- a) who I love**
- b) who turns me on**
- c) who I look at with special interest**

The sexual orientation a-sexual:

- a) exist**
- b) doesn't exist
- c) it's just a phase

Sexual orientation is

- a) a feature of identity only in humans
- b) a feature of identity both in humans and animals, and also animals get confused by it
- c) a feature of identity in humans and animals, but only humans make such a big deal out of it**

Sexual Orientation is

- a) a choice
- b) natural
- c) something in between**
- d) none of the above

Gender Roles

Gender Roles are determined by:

- a) the society where you live**
- b) the family you've been grown up to**
- c) personal experiences**

A man that cries:

- a) is perfectly fitting in the gender role he should follow, no matter what culture he has
- b) is denying the gender role he should follow, no matter what culture he has
- c) is sad**

Note for the trainers: In every culture and society gender roles are different, so in some cultures a man might not be supposed to cry, in other cultures it is a sign of strenght.

The most common Gender Role stereotype for a woman is to:

- a) wear a skirt**
- b) cook at home**
- c) drive a car
- d) none of the above

To question your Gender Role means that:

- a) you are gay

- b) you are transgender
- c) you are crazy
- d) *none of the above***